

MARVELOUS BORNEO TOURS & EVENTS SDN. BHD.

(CO. NO. 1087640-T) (KPK/LN: 7587)

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2D1N MOUNT KINABALU CLIMB & VIA FERRATA: WALK THE TORQ [BASIC-SERVICE]

DAY 1

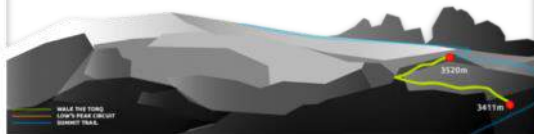
0800hrs: Arrive at Kinabalu Park HQ (it takes about approximately 1hr 45min drive journey from Kota Kinabalu town to the Park HQ). Once arrived, pre-check at Mountain Torq's office and Sabah Parks' operation office before meeting your appointed Sabah Parks' mountain guide for a short briefing. Start your trek, the journey takes approximately 4 - 6hrs to reach Panalaban area. Along the trek, observed the pitchers plants, rhododendrons and 1, 200 species of orchids and oaks trees that had been discovered. **1500hrs:** Check into Pendant Hut (3,289m) and settle in. **1530hrs:** Attend the mandatory Via Ferrata Familiarization in Pendant Hut and meet your Mountain Torq trainer. **1800hrs:** Dinner provided and rest for the night.

DAY 2

0130hrs: Wake up and early morning breakfast/supper provided. Start hiking up to explore Low's Peak (4,095.2m) and expected to reach the summit in time of sunrise. **0600hrs:** Descend from the summit, Low's peak to meet your Mountain Torq trainer. **0715hrs:** Meet the Mountain Torq trainer at Sayat - Sayat Slab (3,800m) for Via Ferrata - Walk the Torq experience (introductory Via Ferrata, French Grade PD). **0930hrs-1030hrs:** Return back to Pendant Hut for late breakfast. **1100hrs:** Check out of Pendant Hut and descend to Timpohon Gate. **1600hrs-1700hrs:** Estimated time of arrival at Timpohon Gate. Self-arrange your own transport back to Kinabalu Park HQ. Head to Mountain Torq's office (the office closed at 5 pm) to collect your successful Via Ferrata certificate.

PACKAGE INCLUSIONS:

- Activities indicated above: via Ferrata - Walk The Torq
- 1 x night @ Pendant Hut (day 1)
- 1 x dinner @ Laban Rata Restaurant (day 1)
- 1 x early morning (1AM) simple Continental breakfast/supper @ Pendant Hut (day 2)
- 1 x late morning (after Via Ferrata activity) simple American breakfast @ Pendant Hut (day 2)
- Mountain Torq trainer
- Via Ferrata full safety equipment
- Via Ferrata certificate for successful via Ferrata attempt only



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PACKAGE EXCLUSIONS:

- Packed lunch for ascending the mountain (day 1)
- Lunch (after descending from the mountain) at Kinabalu Park (day 2)
- Round trip transportation between KK town and Park HQ
- Round trip transportation between Park HQ and Timpohon Gate
- All Sabah Parks' fees & tariffs; conservation fee, permit, insurance and mountain guide services
- Sabah Parks' Summit Achievement certificate
- Porter fees
- Extra drinks and meals
- Any other items and services not listed in the inclusion list

THINGS TO BRING/CHECK LIST:

- comfortable trekking shoe with good grip
- personal toiletries
- waterproof backpack
- fleece jacket/wind breaker
- warm clothing/long sleeves shirt/hiking pants
- lightweight towel
- hand gloves
- winter hat
- disposable raincoats
- head torch
- refillable water bottle (0.5-1 Liter)
- high energy food; chocolates, nuts, biscuits, sweets and energy bars
- medication; headache tablets, altitude sickness tablets
- lip gloss/balm
- camera with waterproof bag
- sandal/slippers
- plastic bags
- cap/beanie/hat scarf
- sun protection; sunglasses, sun screen lotion
- extra pocket money
- AN ADVENTUROUS SPIRIT!**

